

April is STI Awareness Month

Dear Valued Patient,

During **STI Awareness Month**, we want to share an important message about protecting your health and the health of those around you. Sexually transmitted infections (STIs) are common, and many are preventable, treatable, and even curable. If STIs are left untreated, serious health problems may occur.

This year, we want to express how fighting STIs is not just a single step but a **Continuum of Care** throughout a lifetime.



Awareness

Learn the facts about STIs, how they are spread, and how to prevent them.

Screening

Many STIs do not cause symptoms. Routine testing is the only way to know if you have an infection.

Symptoms

Pay attention to any changes in your body, such as unusual discharge, sores, pain, or irritation.

Treatment

Effective treatments are available, and many STIs are curable or manageable with ongoing care.

Re-testing

Reinfection is common if partners are not treated or if new exposures occur. Getting tested again after treatment, when recommended, helps make sure the infection is gone.

Protect

Protect yourself and others from the spread of infection.

STI testing is an important part of protecting your overall health, sexual health, and fertility. We encourage all women to reach out to their healthcare provider to schedule their well-woman exam for 2026.

Call today to schedule your well-woman exam today!

Best Regards,